

PRESENTED BY:



Imperial College London
Diabetes & Endocrine Centre
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HealthPlus
Diabetes & Endocrinology Center
مركز السكري والغدد الصماء
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4th ANNUAL DIABETES & ENDOCRINE CONFERENCE



SAT-SUN, 7-8
NOVEMBER 2026



Ritz Carlton, Abu Dhabi

SCIENTIFIC AGENDA

DAY 1 | Saturday, 7 November 2026

TIME	TOPIC	SPEAKER
08:00 – 08:45	● On-Site Registration	
08:45 – 09:15	● Introduction and Welcome	Prof. Amir Sam Dr. Mohammed Al Khatib Dr. Mai Al Jaber
09:15 – 10:15	● Update on Diabetes Guidelines	Prof Maha Barakat
10:15 – 10:40	● Coffee Break	
Parallel Workshops 10:40 – 11:40	A: Cases from the Type 1 clinic	Ms. Mai Yagi Dr. Hala Ahmadih
	● B: Cases from the Type 2 clinic	Dr. L.N. Rao
	● C: Cases from the Adrenal clinic	Dr. Florian Werning
	● D: Cases from the Reproductive	Prof Channa Jayasena
	●	
11:40 – 11:50	● Switching Workshops	
Parallel Workshops 11:50 – 12:50	A: Cases from the Type 1 clinic	Ms. Mai Yagi Dr. Hala Ahmadih
	● B: Cases from the Type 2 clinic	Dr. L.N. Rao
	● C: Cases from the Adrenal clinic	Dr. Florian Werning
	● D: Cases from the Reproductive	Prof Channa Jayasena
	●	
13:05 – 14:05	● Lunch Break	
Debate Session 11:50 – 12:50	Debate: ● HRT in Menopause/Peri-Menopause vs TRT in Andropause	Chair: Prof Karim Meeran Pro HRT/Contra TRT: Dr. Huda Mustafa Contra HRT/Pro TRT: Dr. Shoib Rehman

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DAY 1 | Saturday, 7 November 2026

TIME	TOPIC	SPEAKER
15:05 – 15:50	● Advanced CKM case management in view of latest CKM Guidelines	Dr. Farhana Bin Lootah Dr. Waleed Ezzat
15:50 – 16:10	● The Missing Link in Cardio-Kidney-Metabolic Care: Adherence as a Hidden Cardiovascular Risk Factor	Speaker: Dr. Waleed Ezzat Moderator: Dr. Farhana Bin Lootah
16:10 – 16:30	● Coffee Break	
16:30 – 17:15	● An update in the management of Cushing's disease	Prof. Karim Meeran
17:15 – 17:30	● Closing Remarks – Day 1	

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DAY 2 | Sunday, 8 November 2026

TIME	TOPIC	SPEAKER
08:00 - 09:10	● On-Site Registration	
09:10 - 09:15	● Introduction and Welcome	Prof. Amir Sam
09:15 - 09:45	● The role of the kidney in CKM Syndrome	Dr. Omar Ali
09:45 - 10:05	● Beyond LDL-C: Cardiovascular Protection in Diabetes	Dr. Tariq Faiad
10:05 - 10:35	● Diabetes and Depression - what comes first?	Dr. Rasha Abbas
10:35 - 11:10	● Coffee Break	
Parallel Workshops 11:00 - 12:00	● A: Cases from the Type 1 clinic	Ms. Mai Yagi Dr. Hala Ahmadih
	● B: Cases from the Type 2 clinic	Dr. L.N. Rao
	● C: Cases from the Adrenal clinic	Dr. Florian Werning
	● D: Cases from the Reproductive	Prof Channa Jayasena
12:00 - 12:25	● Break	
12:25 - 13:05	● The New Hype of Growth Hormone: GH replacement and transition from adolescents to adults and Unconventional Use of GH	Dr. Mohammed Al Khatib
13:05 - 13:25	● The importance of Early detection for Autoimmune Type 1 Diabetes. (WHY &. WHO and HOW to screen)	Dr. Sherif El-Refée
13:25 - 14:25	● Lunch Break	
14:25 - 15:05	● Psycho-social support in Diabetes Management	Dr. Ahlam Salem Dr. Sara Al-Safadi
15:05 - 15:35	● Diabetic Foot Syndrome: From prevention to treatment - M42 - podiatry	TBC
15:35 - 15:45	● Closing Remarks	

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MEDETARIAN CONFERENCES ORGANIZING LLC

FOR MORE INFORMATION:



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